



GLUTEN FREE MENU

**13848 TILDEN, RD.
WINTER GARDEN, FL 34787**

**THANK YOU FOR YOUR PATRONAGE.
CALL US:**

**PH: (407) 347.3277
FAX: (407) 347.3276**

**FRI. - SAT.
11 AM - 10 PM**

**SUN. | TUES. | WED. | THURS.
11 AM - 9 PM**

**MONDAY
CLOSED**

Gluten Free Menu

Salads & Appetizers

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| MINISTRONE | 7.50 |
| GLUTEN FREE BREAD STICKS | 7.99 |
| MUSSELS FRA DIAVOLO | 12.99 |
| Mussels sautéed with garlic, olive oil, touch of red pepper flakes in a red sauce. | |
| CLAMS SCAMPI | 12.99 |
| Clams sautéed in garlic, olive oil, lemon and white wine sauce. | |
| HOUSE SALAD WITH HOUSE ITALIAN DRESSING | 6.99 |
| Fresh mixed greens, sliced cucumbers, red onion, tomatoes and green peppers served with house italian dressing. | |
| CAPRESE SALAD | 11.99 |
| Fresh Mozzarella and tomatoes drizzled with aged balsamic and topped with fresh basil. | |
| CHICKEN CAPRICCIOSA SALAD | 12.99 |
| Sautéed mushrooms in olive oil with chicken, sundried tomatoes, topped with aged balsamic glaze over mixed greens and Gorgonzola cheese. | |
| CLASSIC CAESAR | 8.99 |
| Crisp romaine lettuce and Parmesan cheese tossed in a creamy Caesar dressing. | |
| BELLA SALAD | 12.99 |
| Salami, turkey, prosciutto, provolone cheese, roasted peppers, Kalamata olives over bed of lettuce topped with aged balsamic glaze with our house dressing. | |
| CRANBERRY FRUIT SALAD | 11.99 |
| Mixed greens with dried cranberries, walnuts, strawberries, oranges topped with crumbled feta cheese and a cranberry vinaigrette dressing. | |

Pasta

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| (SERVED WITH GARDEN SALAD) | |
| GARLIC & OLIVE OIL | \$16.99 |
| MARINARA | \$16.99 |
| MEAT-SAUCE | \$17.99 |
| (SERVED WITH GARDEN SALAD) | |
| BOLOGNESE | \$17.99 |
| ITALIAN SAUSAGE | \$17.99 |

Pasta Lovers

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| BELLA SPECIALTY | 18.99 |
| Sausage sautéed in olive oil, bell peppers and onion in marinara sauce with pasta and topped with mozzarella cheese. | |
| FETTUCCINE ALFREDO | 17.99 |
| Creamy Alfredo sauce. Served over fettuccine pasta. | |
| FETTUCCINE CARBONARA | 17.99 |
| Caramelized onion, prosciutto di Parma creamy sauce. Served with over fettuccine. | |
| PENNE ALLA VODKA | 17.99 |
| Sautéed shallots flamed with vodka in a creamy pink sauce. Served with penne pasta. | |
| PASTA PRIMAVERA | 17.99 |
| Sautéed vegetables with garlic and olive oil served over spaghetti. | |
| PASTA CALABRESE | 17.99 |
| Sausage sautéed in garlic and olive oil with roasted peppers. Served over penne pasta.. | |

Dessert

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| CRÈME BRÛLÉE | 8.50 |
| GF CHOCOLATE MOUSSE CAKE | 8.50 |

20% service charge is added to parties of 6 or more.

Consumer Advisory: Consumption of undercooked meat, poultry, eggs or seafood may increase the risk of foodborne illnesses. Alert your server if you have special dietary requirements.

Many of our items are gluten-friendly, and your server can provide specific information. Please be aware that the handcrafted nature of our menu items result in a variety of shared cooking and preparation areas so the possibility exists for these food items to come in contact with wheat flours and other wheat-based products. We therefore make no guarantee regarding the gluten content of these items. We trust that you will inform your server and a member of our management team of any allergy concerns.

Grilled Specialties

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| (SERVED WITH GARDEN SALAD) | |
| 12 OZ NEW YORK STRIP | |
| A thick cut of mouthwatering steak cooked to perfection. Served with Toscana roasted potatoes and mixed vegetables. | 28.99 |
| LAMB CHOPS | 29.99 |
| Lamb marinated in a garlic, rosemary and olive oil. Cut in four thick pieces. Served with roasted potatoes and mixed vegetables. | |
| SALMON FRESCA | 23.99 |
| Fresh salmon delicately baked with herbs and extra virgin olive oil. Served over dill sauce with Tuscany roasted potatoes and mixed vegetables. | |

From the Sea

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| (SERVED WITH GARDEN SALAD) | |
| FRUTTI DI MARE | 25.99 |
| Sautéed shrimp, clams, calamari, mussels in a fresh garlic Lemon-butter sauce or red sauce. Served over spaghetti. | |
| SHRIMP FRADIÀVOLO | 22.99 |
| Sautéed shrimp in a spicy marinara sauce. Served over spaghetti. | |
| SHRIMP SCAMPI | 22.99 |
| Sautéed shrimp in a garlic lemon butter sauce. Served over spaghetti. | |
| BELLA'S SHRIMP | 22.99 |
| Sautéed shrimp in olive oil, garlic, scallion, diced tomatoes, olives and white wine sauce topped with feta cheese over spaghetti. | |
| MUSSELS FRA DIA VOLO | 22.99 |
| Sautéed mussels with garlic and diced tomatoes, white wine and zesty marinara sauce. Served over spaghetti. | |
| SPAGHETTI ALLA VONGOLE | 22.99 |
| Clams sautéed in extra virgin olive oil and garlic, finished with white wine sauce | |

Pizza

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| 12" CHEESE ONLY | 11.99 | |
| 12" BIANCA | 12.99 | |
| 12" VEGGIE | 13.99 | |
| 12" MARGARITA | 13.99 | |
| (With fresh Mozzarella) | | |
| GLUTEN FREE CALZONE | 11.99 | |
| TOPPINGS: | | |
| PEPPERONI \$1.00 | HAM \$1.00 | SAUSAGE \$1.00 |
| ONION \$1.00 | GREEN PEPPERS \$1.00 | MUSHROOM \$1.00 |
| SPINACH \$1.00 | ARTICHOKES \$1.00 | TOMATOES \$1.00 |
| BLACK OLIVES \$1.00 | BROCCOLI \$1.00 | |

Chicken & Veal

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| (SERVED WITH GARDEN SALAD) | | | |
| PICCATA CHICKEN | \$20.99 | VEAL | \$23.99 |
| Sautéed with garlic, green onion, capers in a lemon butter sauce. Served with spaghetti. | | | |
| FLORENTINE CHICKEN | \$20.99 | VEAL | \$23.99 |
| Sautéed with mushroom, garlic, spinach, sundried tomatoes in a white-wine sauce and mozzarella cheese. Served with spaghetti. | | | |
| ALLA ROMANA CHICKEN | \$20.99 | VEAL | \$23.99 |
| Sautéed with garlic, scallions, sundried tomatoes and artichokes in a white wine sauce and topped with mozzarella cheese. Served with spaghetti. | | | |

VISIT OUR WEBSITE:

www.bellaitaliaristorantefl.com

